Cake Decorating I

An Introduction

By
Benjamin Bird
Cody Carson
Alex Lee
Making Frosting and Decorative Icing

(Double the recipe to frost and decorate.)

**Ingredients**

- 2 lbs of 10X confectioners sugar
- 1 cup shorting
- ½ cup water
- 1 teaspoon of vanilla extract
- Pinch of salt

**Equipment**

- Electric mixer (or a whisk)
- Teaspoon measure
- Dry and wet measuring cups

**Directions**

*Warning: kitchen appliances can be dangerous!  
Please have adult supervision!*

1. Combine *all* ingredients into the mixing bowl.

2. Mix on a low speed until contents are paste like.

3. Mix for 3 to 5 minutes at high speed until frosting is smooth.

   (Using a whisk takes about the same amount of time.)
Adding Color to the Icing

Ingredients
- Liquid food coloring
- Icing

Equipment
- Spatula
- Bowl

Directions
1. Place the amount of frosting needed into a separate bowl.
2. Add the recommended amount of food coloring to the frosting for the color that you want.
   (See our colors below or look on the back of your food coloring box.)
3. Stir with the spatula until the color is even.

Some Special Colors!
- Orange: 5 drops yellow, 1 drop red
- Purple: 3 drops red, 4 drops blue
- Teal: 3 drops blue, 2 drops green

Tips!
- If the color is darker than wanted, add more frosting.
- If the color is lighter than wanted, add more food coloring.
- Share your icing with friends for more colors when decorating.
Making a Quick Disposable Decorating Bag

Equipment
- Freezer bag(s)
- A pair of scissors
- Various decorating tips
- Ruler

Directions
1. Obtain a clean freezer bag. The size of the freezer bag can vary.
   - A large freezer bag can hold more frosting.
   - A small freezer bag will give you more control.
   - A quart size bag (shown in pictures) is recommended.
2. Use your ruler to measure in about 1 cm on each side of one corner of the bag.
3. Carefully cut off the corner.
4. If the hole is too big, the decorating tip will fall through. It should be just big enough to hold the decorating tip in place.
5. Pick the desired decorating tip and put it into the freezer bag.
   - Do not worry if the tip is loose; the frosting will keep it in place.
Filling Your Decorating Bag

**Equipment**
- Prepared decorating bag
- Frosting
- Spatula

**Directions**
1. Make sure the desired decorating tip is in the bag.

2. Hold the bag with the tip pointing down. Carefully pour the frosting into the bag or use the spatula to scoop icing into the bag.

3. Fill only about 2/3 of the bag at most.

4. Seal the bag with the zipper while keeping air out of the bag.

5. Squeeze the bag gently to push a little frosting out of the tip.

6. Your decorating bag is ready!
Using the Decorating Bag—Basic Instructions

Equipment
- Frosted cake or frosted cupcakes
- Decorating bag(s) containing icing
- Wax paper

Directions
1. Spread out a piece of wax paper for practicing.
2. Apply a light, constant pressure to the bag while moving.
3. Try drawing lines while maintaining the shape of the icing.
4. Experiment on some cupcakes!
Prepared under the supervision of Jan Scholl, associate professor of agricultural and extension education.

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